



## Swim Lesson Schedule

Classes meet twice per week and enrollment is on a monthly basis. Pre-registration is strongly recommended as space is limited. Look inside for class level descriptions and tuition information.

### Monday & Wednesday Classes

Pike	10:30am	11:00am	4:00pm	4:30pm
Eel	10:30am		4:00pm	4:30pm
Ray		11:00am	4:00pm	

Polliwog		3:30pm	4:00pm	
Guppy			4:00pm	
Minnow				4:30pm
Fish				4:30pm

### Tuesday & Thursday Classes

Parent Tot	10:30am			
Pike			4:00pm	4:30pm
Eel			4:00pm	4:30pm
Ray			4:00pm	

Polliwog				4:30pm
Guppy			4:00pm	4:30pm
Minnow			4:00pm	
Youth Advanced Class				5:00pm

Adult/Teen Lessons				5:45-6:30pm
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**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

**THE  
PERFECT  
WARM  
WINTER  
ACTIVITY!**

**YMCA SWIM  
LESSONS**



### Arriving & Leaving

- ◆ Children should enter the Aquatic Center through the locker rooms or the main pool entrance. Please meet your instructor just inside the main pool entrance at starting time.
- ◆ A Family Changing Room (near the spa) and changing stalls on deck are available for parents with opposite sex children over age four.
- ◆ No street shoes on the pool deck.

## Ashland Family YMCA

(541) 482-9622

[www.ashlandymca.org](http://www.ashlandymca.org)

[aquatics@ashlandymca.org](mailto:aquatics@ashlandymca.org)

**C A R I N G**  
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**R E S P E C T**

◆ swim lesson schedules  
◆ class level descriptions  
◆ fitness class schedule  
◆ master pool schedule

are all available  
at our website!

**www.ashlandymca.org**

**R E S P O N S I B I L I T Y**

