


**The Meese Family
Aquatic Center**

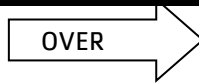


AQUATICS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM – 7:15 AM Open Swim Lap Swim (3 Lanes)	5:00 AM – 7:30 AM Open Swim Lap Swim (3 Lanes)	5:00 AM – 7:15 AM Open Swim Lap Swim (3 Lanes)	5:00 AM – 7:30 AM Open Swim Lap Swim (3 Lanes)	5:00 AM – 7:15 AM Open Swim Lap (Swim3 Lanes)	8:00 AM – 6:00 PM Open Swim Lap Swim (2-3 Lanes)	10:00 AM – 6:00 PM Open Swim Lap Swim (2-3 Lanes)
7:15 AM—8:15 AM Lap Swim (2 Lanes) NO Open Swim	7:30 AM—8:00 AM Lap Swim (2 Lanes) NO Open Swim	7:15 AM—8:15 AM Lap Swim (2 Lanes) NO Open Swim	7:30 AM—8:00 AM Lap Swim (2 Lanes) NO Open Swim	7:15 AM—8:15 AM Lap Swim (2 Lanes) NO Open Swim	Summer Master Pool Schedule **This schedule is effective June 17—August 18, 2019**  Swim lesson schedules with class descriptions, aquatic fitness classes with schedule and descriptions and the master pool schedule are all available at our website www.ashlandymca.org	
8:15 AM - 10:15 AM FITNESS CLASS ONLY	8:00 AM - 10:15 AM FITNESS CLASS ONLY	8:15 AM -10:15 AM FITNESS CLASS ONLY	8:00 AM - 10:15 AM FITNESS CLASS ONLY	8:15 AM - 10:15 AM FITNESS CLASS ONLY		
10:30 AM – 12:00 PM Lessons NO Open Swim	10:30 AM – 12:00 PM Lessons NO Open Swim	10:30 AM – 12:00 PM Lessons NO Open Swim	10:30 AM – 12:00 PM Lessons NO Open Swim	10:15 AM – 11:45 AM Lap Swim (2 Lanes) NO Open Swim		
11:45 AM—1:00 PM NO Open Swim Lap Swim (2 lanes at 12p)	11:45 AM—1:00 PM NO Open Swim Lap Swim (2 lanes at 12p)	11:45 AM—1:00 PM NO Open Swim Lap Swim (2 lanes at 12p)	11:45 AM—1:00 PM NO Open Swim Lap Swim (2 lanes at 12p)	11:45 AM—1:00 PM NO Open Swim Lap Swim (2 lanes at 12p)		
NOTE THE NUMBER OF LAP LANES AVAILABLE FROM 1:00 PM TO 4:00 PM WILL VARY FROM NONE TO ONE DEPENDING ON THE SIZE OF THE CAMP IN THE POOL. SEE CAMP DATES ON OTHER SIDE. LAP SWIMMING IS NOT GUARANTEED AT THESE TIMES.						
1:00 PM – 4:00 PM Open Swim, Camps *Lap Swim*	1:00 PM – 4:00 PM Open Swim, Camps *Lap Swim*	1:00 PM – 4:00 PM Open Swim, Camps *Lap Swim*	1:00 PM – 4:00 PM Open Swim, Camps *Lap Swim*	1:00 PM – 4:00 PM Open Swim, Camps *Lap Swim*		
4:15 PM – 5:30 PM Open Swim, Lessons	4:15 PM – 5:30 PM Open Swim, Lessons	4:15 PM – 5:30 PM Open Swim, Lessons	4:15 PM – 5:30 PM Open Swim, Lessons	4:00 PM – 5:00 PM Open Swim Lap Swim (3 Lanes)		
5:30 PM – 7:00 PM Open Swim Lap Swim (2 Lanes)	5:30 PM – 6:00 PM Open Swim Lap Swim (2 Lanes)	5:30 PM – 7:00 PM Open Swim, Lap Swim (2 Lanes)	5:30 PM – 6:00 PM Open Swim Lap Swim (2 Lanes)	5:00 PM – 7:00 PM Open Swim Lap Swim (2 Lanes)		
7:00 PM – 9:00 PM Open Swim Lap Swim (3 Lanes)	6:00 PM – 9:00 PM Open Swim Lap Swim (3 Lanes)	7:00 PM – 9:00 PM Open Swim Lap Swim (3 Lanes)	6:00 PM – 9:00 PM Open Swim Lap Swim (3 Lanes)	7:00 PM – 9:00 PM Open Swim Lap Swim (3 Lanes)		

**PLEASE NOTE:
ALL SCHEDULES ARE SUBJECT
TO CHANGE FOR
SPECIAL EVENTS.**

Children under 13 must be accompanied by an adult or enrolled in a supervised program while at the YMCA.



Revised 6/6/19

Ashland Family YMCA 540 YMCA Way Ashland, OR 97520 (541)482-9622

www.ashlandymca.org



SUMMER LAP SWIMMING SCHEDULE 2019

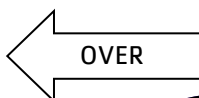
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM - 7:15 AM (3 lanes)	5:00 AM - 7:30 AM (3 lanes)	5:00 AM - 7:15 AM (3 lanes)	5:00 AM - 7:30 AM (3 lanes)	5:00 AM - 7:15 AM (3 lanes)	8:00 AM - 6:00 PM (2-3 lanes)	10:00 AM - 6:00 PM (2-3 lanes)
7:15 AM - 8:15 AM (2 lanes)	7:30 AM - 8:00 AM (2 lanes)	7:15 AM - 8:15 AM (2 lanes)	7:30 AM - 8:00 AM (2 lanes)	7:15 AM - 8:15 AM (2 lanes)		
8:15-12:00	NO LAP SWIM	NO LAP SWIM	NO LAP SWIM	NO LAP SWIM		
12:00 PM—1:00 PM (2 lanes)	12:00 PM—1:00 PM (2 lanes)	12:00 PM—1:00 PM (2 lanes)	12:00 PM—1:00 PM (2 lanes)	10:15 AM—1:00 PM (2 lanes)		
1:00 PM—4:00 PM *NOTE*	*1:00 PM—4:00 PM* *NOTE*	*1:00 PM—4:00 PM* *NOTE*	*1:00 PM—4:00 PM* *NOTE*	*1:00 PM—4:00 PM* *NOTE*		
4:15—5:30	NO LAP SWIM	NO LAP SWIM	NO LAP SWIM			
5:30PM - 7:00 PM (2 lanes)	5:30 PM - 6:00 PM (2 Lanes)	5:30 PM - 7:00 PM (2 lanes)	5:30 PM - 6:00 PM (2 lanes)	4:00 PM - 7:00 PM (2 lanes)		
7:00—9:00 PM (3 lanes)	6:00—9:00 PM (3 lanes)	7:00 PM - 9:00 PM (3 lanes)	6:00—9:00 PM (3 lanes)	7:00 PM - 9:00 PM (3 lanes)		

NOTE - The number of lap lanes available from 1:00pm to 4:00pm will vary from **NONE** to **one** depending on the size of the camp in the pool. Lap swimming is not guaranteed at these times these weeks:

SWIM CAMP SCHEDULES:

June 24-28, 1:00-4:00p
 July 8-12, 1:00-4:00p
 July 22-26, 1:00-4:00p
 Aug. 5-9, 1:00-4:00p
 Aug. 12-16, 1:00-4:00p

Lap swim resumes at 5:30pm.



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SPECIAL EVENTS.

This schedule is effective
June 17 - August 18, 2019

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540 YMCA Way
Ashland, OR 97520
541-482-9622