



# 2019 ASHLAND FAMILY YMCA SUMMER GYMNASTICS SCHEDULE

## GYMNASTICS CLASSES CONTINUE OVER SUMMER!

Half-day camps run Monday-Friday during certain weeks of the summer. See the schedule on the other side of this flier for more camp information.

Don't miss out on June classes; we've restructured the month to ease the transition into summer.

## MARK YOUR CALENDARS AND JOIN THE FUN!

June 1-7	No classes
June 10-30	Summer class schedule for June
July 1-31*	Summer class schedule for July
July 4	No Classes
Aug. 1-23	Summer class schedule for Aug.
Aug. 26-Sept. 2	No classes
Sept. 3	Fall classes begin

## PARKOUR & GYMNASTICS CLASS SCHEDULE

**GYM EXPLORERS** Coed, 24-36 months  
Parent participation class.  
Half of the class we will learn gymnastics skills with parent help and the last half will be open play on the equipment.  
Th 10:00-10:45a  
**\$29 Y-members/\$45 Community**

**TUMBLE TOTS** Coed, ages 3-4  
Beginning basic skills of gymnastics.  
Lots of fun.  
T 11:00-11:45a  
W 6:00-6:45p  
Th 11:00-11:45a  
**\$29 Y-members/\$45 Community**

**KINDERGYM** Coed, ages 4-5  
Tumbling and motor development!  
Introduction to gymnastics equipment for kindergarten aged gymnasts.  
T 11:00-11:45a  
W 6:00-6:45p  
Th 11:00-11:45a  
**\$29 Y-members/\$45 Community**

**KINDERSTARS** Coed, ages 4 - 6  
Instructor approval required.  
Young gymnasts working on beginning gymnastics skills.  
T 4:15-5:15p  
Th 4:15-5:15p  
**\$37 Y-members/\$52 Community**

**HOTSHOTS** Coed, ages 6-8  
Instructor approval required.  
Young gymnasts working on advanced gymnastics skills.  
M & W 4:15-5:15p  
**\$70 Y-members/\$85 Community**

**BEGINNERS** Coed, school age  
Beginning skills development on equipment and floor.  
T 4:15-5:15p  
Th 4:15-5:15p  
**\$37 Y-members/\$52 Community**

**INTERMEDIATES** Coed, school age  
Instructor approval required.  
Intermediate gymnastics skills.  
T 4:15-5:15p  
Th 4:15-5:15p  
**\$37 Y-members/\$52 Community**

**PRE TEAM** Coed, school age  
Instructor approval required.  
Advanced skills on gymnastic equipment.  
M & W 4:15-5:45p  
**\$84 Y-members/\$99 Community**

\*The Y is closed Thursday, July 4  
Financial assistance available to those who qualify.

**TEAM LEVEL 2** Girls, by tryout only.  
Advanced skills and routines.  
M & W 4:15-5:45p  
**\$84 Y-members/\$99 Community**

**TEAM LEVEL 3-7** Girls, by tryout only.  
Competitive gymnastics skills and routines.  
M, T, W, Th 9:00-NOON  
2 days a week  
**\$133 Y-members/\$148 Community**  
3 days a week  
**\$178 Y-members/\$193 Community**  
4 days a week  
**\$206 Y-members/\$221 Community**

**PARKOUR PREP** Coed, 1 day a week  
Learn how to flip and maneuver on and off obstacles. High energy fast paced class.  
T 4:15-5:15p ages 4 yrs  
TH 4:15-5:15p ages 4 yrs  
T 4:15-5:15p ages 5-6 yrs  
TH 4:15-5:15p ages 5-6 yrs  
T 5:15-6:15p ages 7-9 yrs  
TH 5:15-6:15p ages 7-9 yrs  
T 5:15-6:15p ages 10-12 yrs  
TH 5:15-6:15p ages 10-12 yrs  
**\$39 Y-members/\$54 Community**

# BEST SUMMER EVER

## GYMNASTICS AND PARKOUR CAMPS

must be min. age by 9/1/2019

Per week: \$90 Y-members/\$105 Community

### FLIP N' FLY CAMP ages 5-12

Come and have fun on the air track, mini trampolines, springboards and so much more.

June 10-14 1:00-4:00p

July 15-19 1:00-4:00p

August 5-9 1:00-4:00p

### NINJA CHALLENGE ages 7-12

June 17-21 1:00-4:00p

Obstacle courses, ninja warrior style!

### GYM & SWIM CAMP ages 5-12

Can't decide between gymnastics & swimming? Do both! Half of each afternoon will be spent doing each activity.

June 24-28 1:00-4:00p

July 22-26 1:00-4:00p

August 12-16 1:00-4:00p

### GYMNASTICS CAMP ages 5-12

Enjoy an intensive week of gymnastics and fun! You'll improve your skills and play gymnastics games. The children will be split up according to age and/or skill level.

Kindergym, Kinderstars, Hotshots, Beginners, Intermediates, and Pre Team

July 1-5\* 1:00-4:00p

### NINJA & SPORTS ages 7-12

July 29-Aug 2 1:00-4:00p

Half obstacle courses, ninja warrior style & half sports!

### PARKOUR CAMP ages 7-12

Parkour is the discipline of applying motion such as climbing, running, or rolling to overcome obstacles. We'll practice individual jumps, flips, or vaults using individualistic manner.

August 19-23 1:00-4:00p

### PEE WEE GYMNASTICS CAMPS ages 3-5

T-TH June 25-27 2:30-4:00p

T-TH July 23-25 2:30-4:00p

T-TH August 13-15 2:30-4:00p

90 minutes of fun in the gymnastics area designed to be an introduction to new skills, new friends and a new experience.

\$35 Y-members/\$50 Community

## CLINICS AND CHALLENGES

### HANDSPRING CLINIC

ages 5-12

June 14 9:00-12:00p

June 28 9:00-12:00p

July 12 9:00-12:00p

Aug 9 9:00-12:00p

Learning and building skills on front handsprings, back handsprings. Any level and ability welcome!

\$24 Y-members/\$30 Community

### JR NINJA CHALLENGE

ages 4-6

June 21 9:00-12:00p

July 26 9:00-12:00p

Aug 16 9:00-12:00p

Obstacle courses, ninja warrior style!

\$24 Y-members/\$30 Community

### JR PARKOUR

ages 4-6

Aug 23 9:00-12:00p

Parkour is the discipline of applying motion such as climbing, running, or rolling to overcome obstacles. We'll practice individual jumps, flips, or vaults using individualistic manner.

\$24 Y-members/\$30 Community

## FAMILY NIGHT

Friday, April 12 6:30-8:30p

Charge into summer with a night of fun at the Y!  
Join us for this FREE community event.

\*The Y is closed Thursday, July 4

Financial assistance available to those who qualify.

# ASHLAND FAMILY YMCA

## REGISTRATION BEGINS FRIDAY APRIL 5, 2019

Register for camp April 5-7 and receive a free summer camp shirt!