



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



STRENGTH FITNESS ENDURANCE

Try this intense, choreographed, boot-camp style class for fast results.

P90X®

with certified P90X coach, Holly Gustines

Starts October 3, 2017

Tuesdays & Thursdays 6:45–7:45pm

\$45 Y-members/\$68 Community

Drop-in: \$7 Y-members/\$11 Community

*Prices may vary based on number of classes monthly.