What ages can play YMCA Flag Football?

- Grades 1st-7th
- 1st & 2nd grade are combined in a group
- 3rd & 4th grade are combined in a group
- 5th-6th & 7th are combined as a group

When does it start?

- All league teams start their practices the week of October 28.
- League games start Saturday, November 9.

Who will be our coach?

- YMCA coaches are volunteers who receive training and support from our sports director. All coaches pass a background screening. Please notify Tony Akpan right away if you would like to coach.

What team is my child on?

- Teams are formed by like ages and we strive to create balanced teams while honoring special requests when possible.
- Your coach and the YMCA via email or phone will notify you after the coaches’ meeting on Oct. 18, 2019.
- Please understand that team formation depends upon sufficient volunteer coaches and may not be solidified until the first week of practices.

When is practice?

- Volunteer coaches set their own practice day and time. 1st – 7th graders have two afternoon practices a week (depends on the team coach).

What equipment do we need?

- Football cleats, mouth piece, athletic shorts.
- All participants will get a reversible NFL Flag football jersey and flags that they keep.

Where are games and practices?

- The games and practices will be at the YMCA field.

What is the game schedule?
• Games are on Saturdays between 9:00 a.m. to 12:00 p.m. (Might change depending on team formation). A detailed game schedule will be on our website www.ashlandymca.org/football by Nov. 1. The first game is November 9; you will receive your game schedule from your coach.

How will I know if practice is cancelled?

• Practice are cancelled due to inclement weather or if the coach is not available on a particular day. We ask coaches to notify their team parents and the YMCA.

For additional questions, please contact Tony Akpan at 541-482-9622 or sports@ashlandymca.org.